

PSHE at Cranmore

Personal, Social and Health Education (PSHE) is an embedded aspect of all that we do at Cranmore and is considered a fundamental part of the education and development of the whole child.

Pupils have weekly PSHE lessons which focus on matters aimed to improve the well-being of all pupils at Cranmore.

In addition to addressing curriculum areas within lessons, visiting groups and speakers are welcomed in to further enhance pupils' understanding. Examples of recent presentations and performances include Internet Safety, Anti-Bullying, Financial Awareness and Personal Safety. PSHE themes are then often developed further in Assemblies, House and Year Group Meetings, thereby raising awareness and understanding of topics as a whole school.

The PSHE programme of study at Cranmore aims to develop:

- Pupils' self- confidence and self-esteem
- The necessary health and wellbeing education in a manner appropriate to the age of the pupil
- Responsibility towards themselves, their peers and their school
- Understanding of their own and others emotions and feelings
- Understanding of their community and wider world and the impact they can have upon it
- E-Safety
- The fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs