

CRANMORE



SPORTS NEWS

From Director of
Sport Paul Hodgson

NOVEMBER

Our newly appointed **Head of Football Mr Cox** has introduced the '**Cranmore Inter Winter League**' for pupils in years 3 through to 8. The friendly but competitive internal fixtures have become very popular with the pupils and are certainly enjoyed by all—see photo below:



It has been very pleasing that we are able to run **swim squad training for pupils in year 3 through to year 8**. The early morning sessions have been attended by more than 50 eager swimmers.

Our two swimming coaches, Mrs Calpin and Miss Jenkins, have been very impressed with the progress and the fantastic attendance for these sessions. Thanks to all parents for your commitment and support.

The basics of **physical literacy and Fundamental Movement Skills** have continued to be the focus for children at the lower end of the school, but the emphasis is always on fun!

In the photo to the right Mr Cox, Miss Moore and Mr Jenkins are pretending to be fireworks alongside all the children.



Sport scholars have been meeting with their mentors over the last few weeks and have also been issued with their scholarship brochures, which can be seen here:

https://issuu.com/cranmoreschool/docs/cranmore_20sport_20scholarship_20brochure

The scholarship sessions, which are optional for the rest of years 7 & 8, have been running weekly since the start of the academic year. They have included: strength and movement patterns, speed and agility, skill acquisition and 'free choice' amongst various activities.

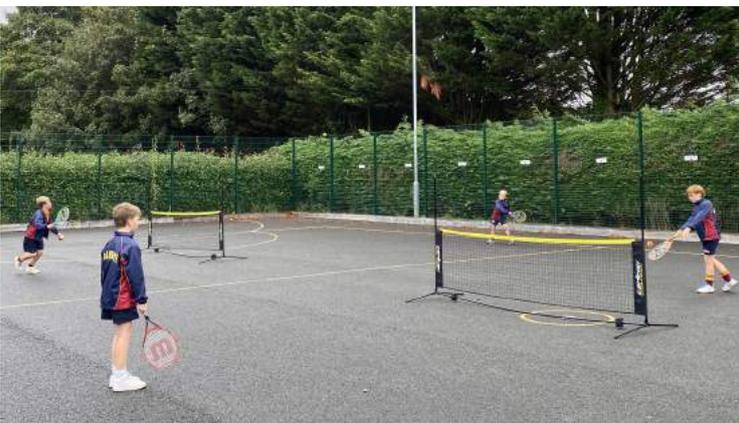


One of the new development centres launched in the holidays and continued during the first week of November.

The **Effingham Cricket Development Centre** has outstanding coaches using the latest technology to help develop aspiring cricketers. We are hoping that the hockey and football development centres will be able to start in the near future.

There were **many camps that took place in the half-term holidays**, covering sports including football, hockey, cricket and rugby.

The Only Camps **rugby camp had amazing feedback**, especially with two international players present, Jack Clifford and Ollie Lindsay Hague, and we enjoyed this action photo (right) from one of their sessions.



Pupils have been delighting in PE rotations, which have included **hockey, Health Related Fitness and racquets**. The latter has included **short tennis** (left), which the pupils have enjoyed immensely. This version of the game really helps to work on reactions, movement and agility. Mr O'Neill has also been using video feedback to help with technical coaching points.

More pictures from sports this month!

